

From: Marlina Eckel [REDACTED]

Sent: Monday, December 9, 2024 4:10 PM

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Subject: Senior Services

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Hi everyone!

I see that the farm is on the agenda this week for the city council and a member of our community had suggested in a post online about incorporating senior services into the project.

I wholeheartedly support the adoption and furthering of senior services in our community.

While I'm a relatively robust 54 years old at this time, I look forward to aging in Cotati and it seems that there is actually a lack of such services so I hope you can take up this request and others that you might receive on the topic.

What that might look like, I'm not sure. I know that in Vienna, Austria, where my family is, each district has a weekly senior coffee get together where area seniors show up for free coffee and cake and a chance to interact with each other. Such a low cost outlay can have massive benefits to an aging and increasingly isolated population.

During hot weather and such there are also extra services to make sure that seniors can stay cool or go somewhere where they can get support.

I think it would be pretty groovy if Cotati could build out a senior services program! We are such an amazing city! We do a lot for kids. We do a lot for the community, but unless I am mistaken, please enlighten me if I am wrong, our older folks could use some program development as well.

I hope that by the time I am older, some of these services might be instituted. It would make Cotati even cooler than it is right now.

I am submitting this comment for this week's agenda because the farm is a neat space and maybe a coffee clutch could be hosted there, for instance, and seniors can take a look at the animals that are there

Thanks for your consideration,

Marlina Eckel